

FOOD HYGIENE RATING

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VERY GOOD

GLUTEN FREE MENÙ

All of our dishes are cooked to order using fresh locally sourced fish, free range meats, seasonal vegetables and fruit to create authentic Italian food to savour



Food Standard Agency

FOOD ALLERGIES and INTOLLERANCE AWARENESS

Please speak to our staff about your allergen dietary requirements in your meal when making your order or ask for our allergen menu list. Thank you

Starters

Mix Olives	£ 3.75
Luciano's Minestrone Soup (V) With extra virgin olive oil	£ 5.95
Mixed Salad (V) Mixed leaves salad, cherry tomatoes, fennel, balsamic dressing	£ 4.95
Funghi Misti Trifolati (V) Sliced mix wild mushrooms saute in olive oil, garlic and splash white wine	£ 6.75
Maria's Amazing Insalatina Best DOP mozzarella di Bufala Campana, pea shoots, fresh orange segments drizzled with extra virgin olive oil, balsamic glaze	£ 6.95
John's Insalata Caprese The leaning Tower of Pisa! Beefy tomato, best D.O.P. mozzarella di Bufala Campana, with basil and John special dressing	£ 8.95
Antipasto del Contadino (V) A selection of chargrilled artichoke hearts, aubergines and peppers	£ 6.95
G.F. Meaty Pork Belly Rib **Oven Baked** Marinated slow cooked local free range pork belly rib with Luciano's special spicy sauce	£ 6.95

Favourite Italian Pasta Dishes

Highest quality Italian gluten free penne pasta di Gragnano with Luciano's sauces	
Pomodoro (V) Garlic, tomato sauce, basil	£ 9.25
Arrabbiata (V) Garlic, hot chilli peppers, tomato sauce, basil	£10.25
Bolognese Luciano's ragù ragù made with local minced beef, herbs and Chianti wine	£11.95
Funghetto (V) A medley of mushrooms, with garlic, tomato, basil and cream sauce	£11.95
Carbonara (no eggs) Smoked pancetta, cream and Parmigiano Reggiano D.O.P. cheese	£10.95
Ortolana (V) Garlic, tomato sauce, zucchini, red peppers, mushrooms	£11.85
Piripollo Onions, sweet red peppers, diced piri piri chicken, mushrooms, cream, saffron and hot piri piri spices	£12.95
G.F. Meaty Pork Belly Ribs **Oven Baked** Marinated slow cooked local free range pork belly ribs, with Luciano's special spicy sauce	£12.95

Pizza Gluten Free bases

PLEASE choose your pizza from the main menu for your gluten free base, priced accordingly



Vegan

***NEW *** FOOD ALLERGIES and INTOLLERANCE AWARENESS

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Breads

Plain Pizza with extra virgin olive oil	£ 4.95
Mixed Olives + Small Garlic Pizza Bread	£ 6.25
Pizza Marinara - garlic, tomato, origano	£ 6.75
Small Garlic Pizza Bread Bites	£ 3.25
Mix Green and Black Olives	£ 3.75
Pizza Aglio - Garlic Pizza Bread	£ 5.95
Aglio e Mozzarella - Garlic Pizza Bread with Violife Cheese	£ 6.95

Starters

Mixed Salad	£ 4.95
Mixed leaves salad, cherry tomatoes, fennel, balsamic dressing	
Funghi Vega	£ 7.25
Marinated wild mushrooms served on fettunta topped with pea shoots, balsamic glaze	
Antipasto Contadino	£ 6.95
A selection of chargrilled artichoke hearts, aubergines and peppers with garlic bruschetta	
Bruschetta Pomodoro	£ 6.95
Marinated diced cherry tomato with garlic, basil and extra virgin olive	
Vegan Insalatina	£ 6.95
Pea shoots, fresh orange segments, black olives drizzled with extra virgin olive oil, balsamic	

Gourmet Pizzas

All our pizzas are appr. ø 26cm traditional Romana style thin & crispy.

Please note that some olives may contain the stone

Margherita	£ 8.95
Tomato, violife cheese and basil	
John's Special	£11.95
Tomato, violife cheese, artichoke hearts, zucchini, sun blushed tomatoes, pea shoots	
Vegetariana	£11.85
Tomato, violife cheese, zucchini, mushrooms, sweet peppers, black olives	
Romanavega	£11.75
Tomato, violife cheese, capers, black olives, <u>optional</u> : hot roquito chilli peppers	

Make your own Vegan Pizza and it will be priced accordingly: from £ 8.95
Base, tomato sauce, violife cheese, plus your chosen toppings

Favourite Italian Dishes

Penne all'Arrabbiata	Garlic, tomato sauce, basil, hot chilli peppers	£10.25
Orecchiette Funghi	A combination of garlic, tomato sauce, mushrooms, basil	£11.95
Whole Wheat Pennette Ortolana	Tomato sauce, garlic, zucchini, peppers, mushrooms, basil	£11.85
Spaghetti al Pomodoro	Garlic, tomato sauce, basil	£ 9.25
Spaghetti Olio, Aglio e Peperoncino	Garlic, cherry tomato, olive oil x.v. and chilli	£10.25